

Inner West Area Committee Wellbeing Fund
Project Summary – Aime For It - Revizit

Appendix 5

Project Name	Aim For It - Revizit
Amount applied for	£1,800
Lead Organisation	Multi-agency project in partnership with ACES & Bramley Cluster , Inner West Youth Service –, Community Safety, Police, Youth Offending Service, ASB, Stock Hill Day Centre and BARCA
Ward/Neighbourhood	Armley and Bramley & Stanningley

Business Plan Objective	1) Promote healthy lifestyles and tackle health inequalities 2) All children and young people have access to out of school activities 5) Make better use of our community buildings 6) Reduce crime and anti-social behaviour
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Project Summary	
<p>The Youth Service would like to run a targeted programme for vulnerable and challenging young people from Armley and Bramley age 11-16 to promote positive behaviour and build self esteem. The participants will be referred directly through the Anti-Social Behaviour team, youth offending service and police.</p> <p>There will be three 9 week blocks run throughout the year with an average of 10 participants on each one. The sessions will involve boxing / martial arts training as well as personal improvement topics as per the programme below. The sessions will run on Wednesdays from 5pm – 7pm at Stocks Hill Day Centre and transport will be provided.</p> <p>Staff costs will be covered by the Youth Service, and Wellbeing funding is requested as their budget does not cover costs such as transport, refreshments, specialist practitioners (e.g. boxing) and the end of programme trip.</p>	
Week Commencing	Session Titles
Week 1	Ground rules, Introduction to course and socialisation games
Week 2	Self Esteem and Confidence – comfortable, stretched, panicked
Week 3	Communication and Teamwork
Week 4	Sexual Health, The Body and Positive Relationships
Week 5	Drugs and Alcohol Awareness
Week 6	Problem Solving and Anger Management
Week 7	Stereotypes and Diversity - Choices and Consequences
Week 8	Motivation, Aspirations and Goal setting – Princess Trust Ambassadors to speak about the distance travelled and how they were able to overcome negative obstacles.
Week 9	Trip designed by young people's choice through consultation

Targets for the project and how success will be measured
<ul style="list-style-type: none"> The project will enable young people to divert their energy into positive challenges, but also to divert young people away from anti-Social behaviour, poor attendance, disaffection, or potential exclusion and who require additional support/strategies to encourage their attendance in mainstream education. To create an anti-oppressive environment that young people are encouraged to examine their attitudes and

behaviour within school and their neighbourhood
<ul style="list-style-type: none"> To promote employment opportunities To deliver informal programmes and social activity. The project will also help young people with their own personal development in terms of motivation, self-esteem and communication skills.

How the project will be promoted and/or participation encouraged
This will be done in conjunction with various partnership organisations, Referrals from schools, Pre NEET, self-referrals, Police, Leeds Anti-Social Behaviour Team and Outreach programmes

Exit strategy/How the project will continue after the funding
n/a

Other organisations involved
Multi-agency project in partnership with ACES & Bramley Cluster , Inner West Youth Service –, Community Safety, Police, Youth Offending Service, ASB, Stock Hill Day Centre and BARCA

Financial Information

Revenue funding requested	£1800
Total cost of project	£5160
Match funding/Other funding sources	In kind support of approx. £3360 via staff contribution, premises and materials. Approximate costs over the year- £3,360.00 (Youth Service Worker at £10 per hr and Youth Work Manager at £25 per hr)

Full Breakdown of Costs			
Item	Wellbeing	Other (with funding body)	Date of Decision
Mini bus costs	£700		
Activities	£450		
Refreshments	£200		
Driver	£450		

Details of volunteers	N/A
Volunteer Hours	N/A

Details of funding from previous years
A small grant of £600 was provided to run one short block last year.

Area Support Team Comments